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(D) Answer **any one** of the following : 6

- (i) Discuss the factors affecting BMR.
- (ii) Write an elaborate note on balanced diet.

2. (A) Choose the most appropriate answer (**any three**) : 3

(i) Diabetics are at increased risk of heart disease if they also _____.

- (a) have low LDL cholesterol levels
- (b) have high HDL cholesterol levels
- (c) have high LDL cholesterol levels

(ii) _____ has the highest glycemic index.

- (a) Kulfi
- (b) Cream biscuit
- (c) Dextrose

(iii) _____ should be avoided in case of peptic ulcers.

- (a) Coffee
- (b) Milk
- (c) Honey

(iv) An individual is considered obese, when BMI is _____.

- (a) < 25
- (b) > 25
- (c) < 20

(v) Food _____ diet is served for instant energy.

- (a) high in fat and high in carbohydrates
- (b) high in fat and low in carbohydrates
- (c) low in fat and high in carbohydrates

(vi) A diet restricted in _____ is preferred for hypertensives.

- (a) Na⁺
- (b) Ca⁺⁺
- (c) Mg⁺⁺

(B) Answer **any one** : 2

- (i) Define - Glycemic index
- (ii) What are blood sugar levels in a normal individual (i) 2 hours after meal (ii) 14 hours after meal ?

(C) Write dietary plan for **any one** of the following : 4

- (i) Obstructive Jaundice
- (ii) Peptic Ulcers

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(D) Attempt **any one** of the following : 6

- (i) Mr. Kapoor is 45 years old company executive suffering from Diabetes mellitus. Suggest a diet as per his body requirement.
- (ii) Plan a diet for Ali who suffers from hypertension.

3. (A) Choose the most appropriate answer (**any three**) : 3

- (i) Bioavailability is dependent on _____.
 - (a) rheological parameters of blood
 - (b) amount of a substance obtained orally and quantity of intake
 - (c) extent of absorption and hepatic first-pass effect

- (ii) Drugs possessing _____ can cross brain-blood barrier.
 - (a) high lipid solubility
 - (b) low lipid solubility
 - (c) high water solubility

- (iii) _____ molecules can't permeate membranes by passive diffusion.
 - (a) Ionized
 - (b) Non-ionized
 - (c) Hydrophilic

- (iv) Biotransformation of a drug involves _____.
 - (a) Cyt P450
 - (b) Cyt b
 - (c) Cyt a

- (v) Weakly acidic drugs are excreted best in _____ urine.
 - (a) acidic
 - (b) basic
 - (c) neutral

- (vi) The bioavailability of a drug is calculated with reference to drug administered by _____ route.
 - (a) oral
 - (b) intravenous
 - (c) intramuscular

(B) Define / explain **any one** of the following : 2

- (i) Drug plasma concentration
- (ii) Blood brain barrier

(C) Write a note on **any one** of the following : 4

- (i) Clinical trials
- (ii) Biotransformation

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(D) Answers **any one** of the following :

- (i) Explain the process of drug absorption through the gastrointestinal tract and the factors affecting it.
- (ii) Discuss the methods used for bioassay.

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4. (A) Choose the most appropriate answer (**any three**) :

(i) Pharmacodynamics involve the study of following EXCEPT _____.

- (a) adverse effects of drugs
- (b) absorption and metabolism of drugs
- (c) mechanisms of drug action

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(ii) "Affinity" is a measure of _____.

- (a) how tightly a drug binds to plasma proteins
- (b) how tightly a drug binds to a receptor
- (c) inhibitory potency of a drug

(iii) If an agonist can produce maximal effects and has high efficacy it is called _____.

- (a) partial agonist
- (b) complete agonist
- (c) agonist-antagonist

(iv) _____ is a second messenger of G-protein-coupled receptor.

- (a) IP3
- (b) cAMP
- (c) cGMP

(v) _____ is a beta receptor antagonist.

- (a) Lasix
- (b) Losartan
- (c) Propranolol

(vi) Sulphonamide affects _____ synthesis.

- (a) PABA
- (b) peptidoglycan
- (c) protein

(B) Define **any one** of the following :

- (i) Placebo
- (ii) Antagonist

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- (C) Write a note on **any one** of the following : 4
- (i) Proton pump inhibitors
 - (ii) Mechanism of action of drugs mediated by receptors
- (D) Answer **any two** of the following : 6
- (i) Discuss the mode of action of Penicillin.
 - (ii) How does a beta blocker lower blood pressure?
 - (iii) Write a brief note on adverse reactions of non-steroid anti-inflammatory drugs.
 - (iv) Discuss the action of any two drugs acting as enzyme inhibitors.
5. (A) Write a brief note on **any one** of the following : 3
- (i) RQ
 - (ii) PDCAAS
- (B) Answer **any one** of the following : 3
- (i) Justify: "Obesity can be controlled by diet".
 - (ii) Suggest how the carbohydrate intake should be modulated in conditions of
 - (i) Glucosuria and
 - (ii) *Helicobacter pylori* infection.
- (C) Briefly answer **any one** of the following : 3
- (i) Write a note on Therapeutic Index.
 - (ii) Differentiate between bioequivalence and bioavailability.
- (D) Give brief answers to **any one** : 3
- (i) Explain the mechanism by which Amlodipine elicits its effect.
 - (ii) With the aid of suitable examples describe the use of drugs that act via nonreceptor mechanism.

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(E) State True or False (any three) :

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- (i) RDA refers to Relative Dietary Allowance.
 - (ii) Fats should be avoided totally in the normal diet.
 - (ii) Bioavailability is 100% for a drug administered via topical route.
 - (iv) Omeprazole is a NSAID.
 - (v) Acetylation of the drug increases absorption of a drug.
 - (vi) Acidic drugs are absorbed in the intestine.
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